FI - Finland

The country of lakes and saunas, not only.

- Capital Region
  - Food
- Southern Savonia
- Southern Karelia

Capital Region

Also known as The Big Helsinki, which includes cities of Helsinki, Espoo, Vantaa and surrounding municipalities (Kauniainen, Vihti, Tuusula, Kerava, Järvenpää), strictly speaking it is not, but people understand it like this.

Capital Region

Food

Places near Helsinki worth of keeping in mind due to location, price and quality

HTL Clarion Airport (walk from metro/trains opposite direction of airport entrance)	**Walk-in breakfast:** Mon-Fri 04h00--09h30 Sat-Sun 04h00--10h30 20 EUR/person	
Alepa Airport First/last supermarket on arrival/departure to/from Helsinki-Vantaa airport	24/7	  Normal groceries and packaging tape available.
Chinese in Tikkurila		

Nepalese near Ruoholahdenkatu		

Southern Savonia

Also known as South Savo, with it's three major cities: Mikkeli, Savonlinna and Pieksämäki.

Southern Karelia

Also heard as South Karelia, with two major cities: Lappeenranta and Imatra.